

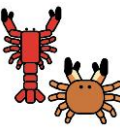
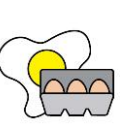



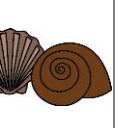
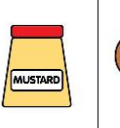
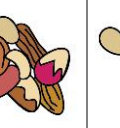
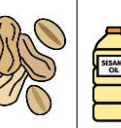
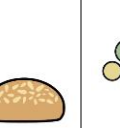
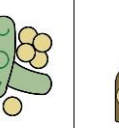



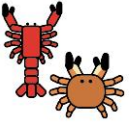


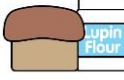












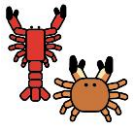
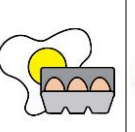
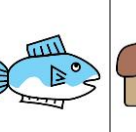
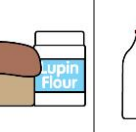

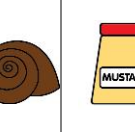
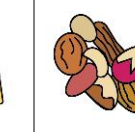
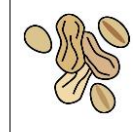

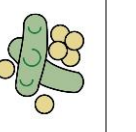


# DISHES AND THEIR ALLERGEN CONTENT – St Christopher Primary School - WEEK 3

MAIN DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sausage Roll		CONTAINS					CONTAINS						CONTAINS	CONTAINS
Vegan Sausage Roll		CONTAINS											CONTAINS	
Beef Meat Balls														
Tomato & Basil Pasta		CONTAINS												
Beef Burger		CONTAINS										MAY CONTAIN	CONTAINS	CONTAINS
Chicken Burger		CONTAINS										MAY CONTAIN		
Vegetable Burger		CONTAINS										MAY CONTAIN		
Roast Chicken														
Sage & Onion Stuffing		CONTAINS												
Quorn Roast				CONTAINS			CONTAINS							
Salmon Fishcake		CONTAINS			CONTAINS									
Mac 'n' Cheese		CONTAINS					CONTAINS							

													
<b>Celery</b>	<b>Cereals containing gluten</b>	<b>Crustaceans</b>	<b>Eggs</b>	<b>Fish</b>	<b>Lupin</b>	<b>Milk</b>	<b>Mollusc</b>	<b>Mustard</b>	<b>Nuts</b>	<b>Peanuts</b>	<b>Sesame seeds</b>	<b>Soya</b>	<b>Sulphur Dioxide</b>



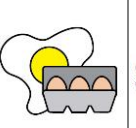
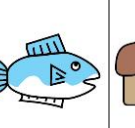
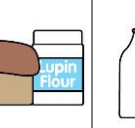



## CARBS

<b>Boiled Potatoes</b>													
<b>Potato Croquettes</b>		<b>CONTAINS</b>											
<b>Spaghetti</b>		<b>CONTAINS</b>											
<b>Jacket Potato</b>													
<b>Fries / chips</b>													
<b>Roast Potatoes</b>													
<b>Garlic Bread</b>		<b>CONTAINS</b>				<b>CONTAINS</b>						<b>CONTAINS</b>	
<b>Pasta</b>		<b>CONTAINS</b>											
<b>Bread</b>		<b>CONTAINS</b>										<b>CONTAINS</b>	

													
Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide

## Vegetables

Green Beans														
Carrots														
Mixed Vegetables														
Sweetcorn														
Garden Peas														
Gravy	CONTAINS	CONTAINS											CONTAINS	
Tuna Mayonnaise				CONTAINS	CONTAINS		CONTAINS							
Jam														
Ham														
Cheese							CONTAINS							

DISHES														
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	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
<b>Dessert</b>														
Yohurt							CONTAINS							
Strawberry Shortbread		CONTAINS												
Chocolate Brownie		CONTAINS		CONTAINS										
Chocolate Sauce							CONTAINS							
Chocolate Eclair		CONTAINS		CONTAINS			CONTAINS			May Contain			CONTAINS	
Fruit														
Cookies		CONTAINS												
Syrup Sponge		CONTAINS		CONTAINS										
Ice Cream							CONTAINS							
Custard							CONTAINS							

