

PE & Sport Impact Report 2014 -15

2014-15 – Olympic Hour Session

In the academic year 2014-15 the Sports Leader has enhanced the existing timetabled Olympic Hour session to incorporate indoor and outdoor events drawn from a larger pool of athletic events. The new indoor Olympic Hour ensures that the Olympic Hour continues through the winter and during poor weather.

The Sports Leader has also developed Infant Agility Olympic Hour for year 1 & 2 incorporating UKA (UK Athletics) suggested events recommended by the NGB as precursors for KS 1 children preparing them for LKS2 Olympic Hour events.

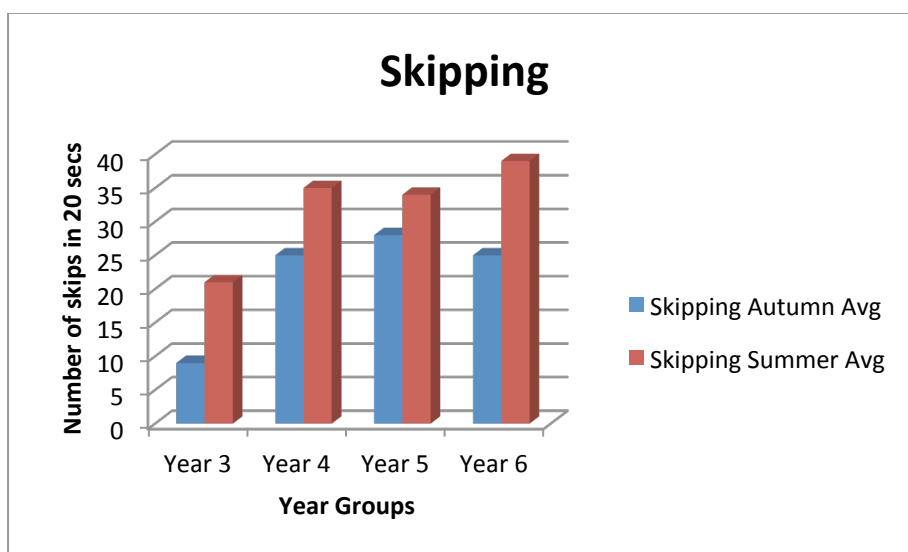
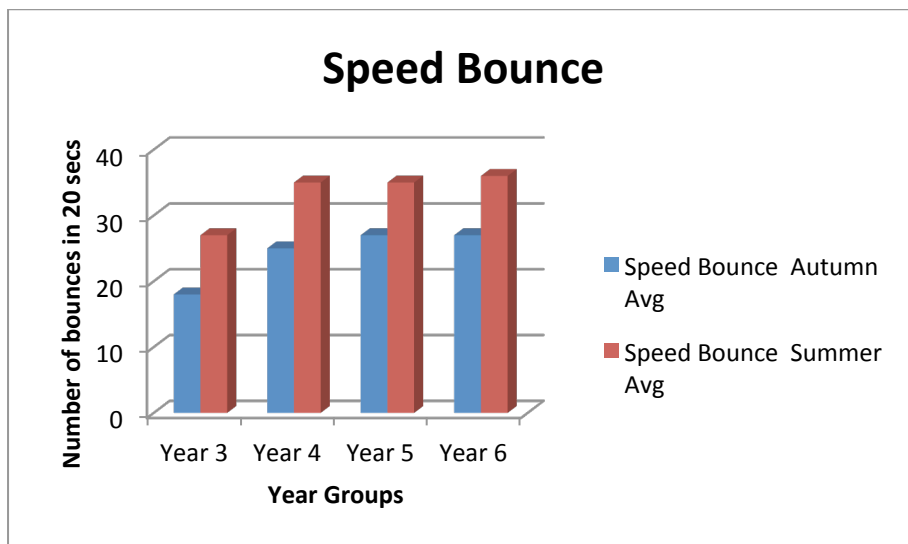
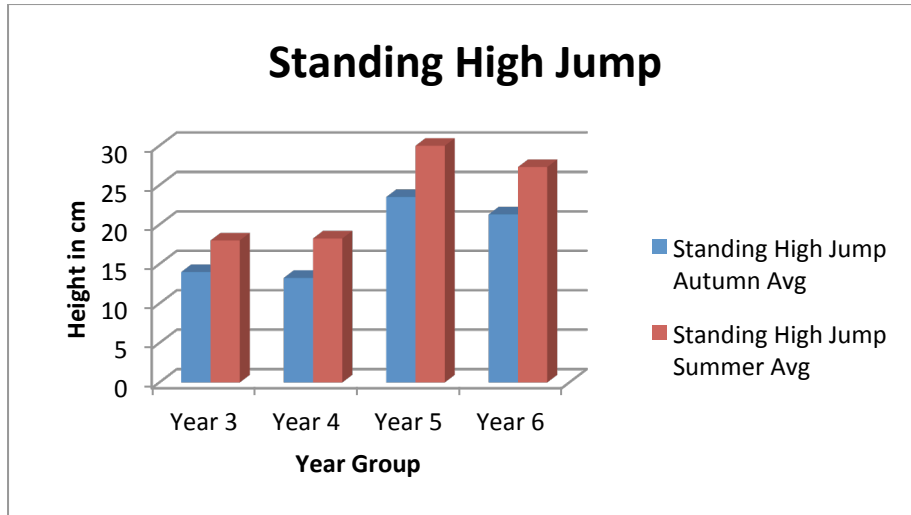
The Sports Leader has developed a new Olympic Hour recording booklet for the children in LKS2 & UKS2. All of the events for both outdoor and indoor sessions are included as well as a pro-forma developed to record individual personal best achievements in line with the national curriculum assisting in charting progress.

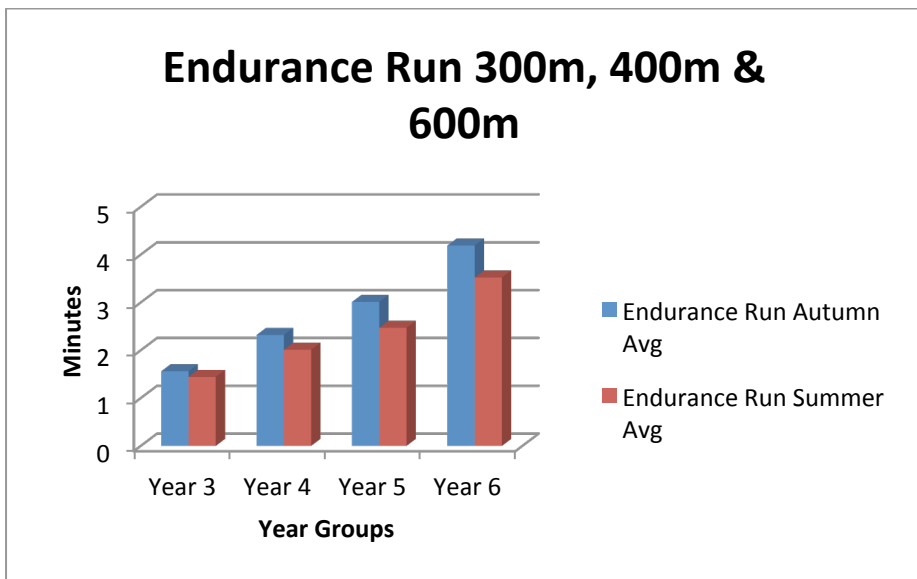
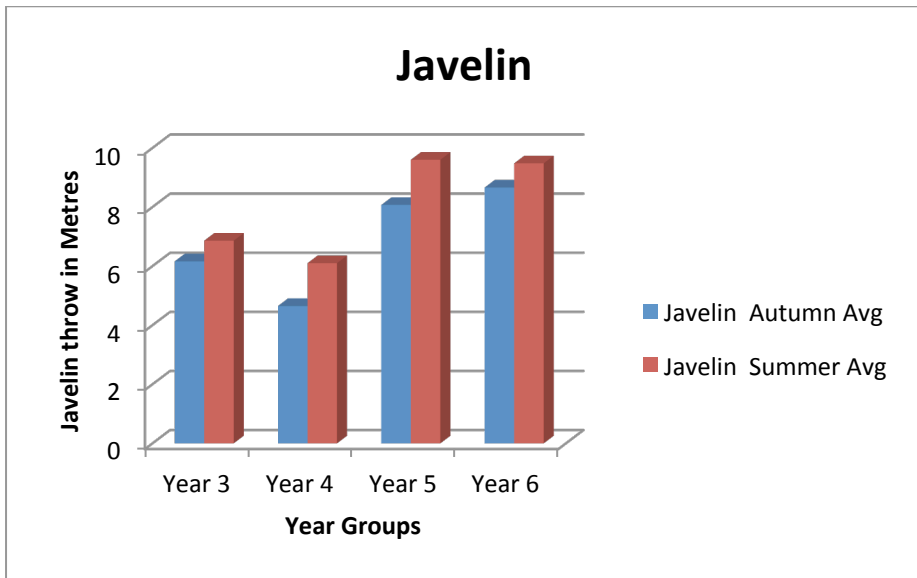
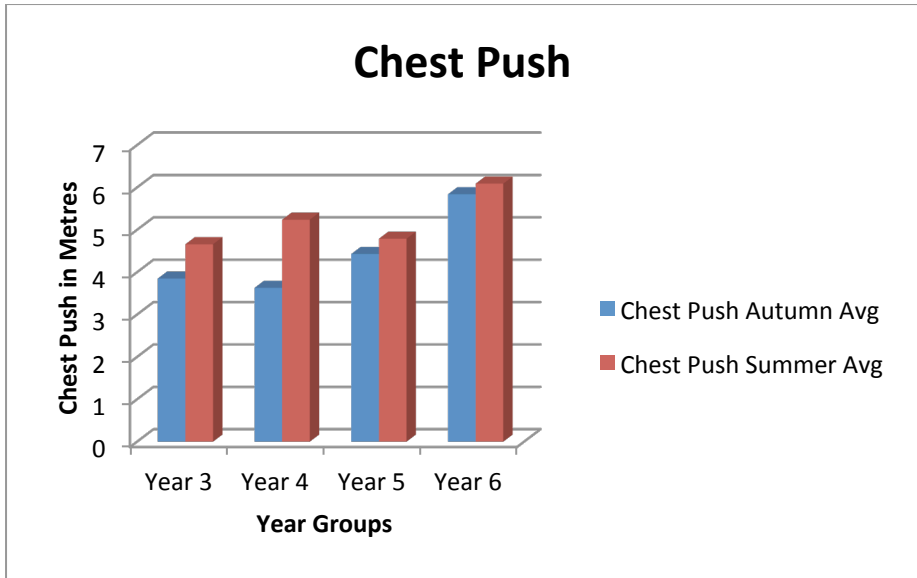
“Compare their performances with previous ones and demonstrate improvement to achieve their personal best” (National Curriculum 2014)

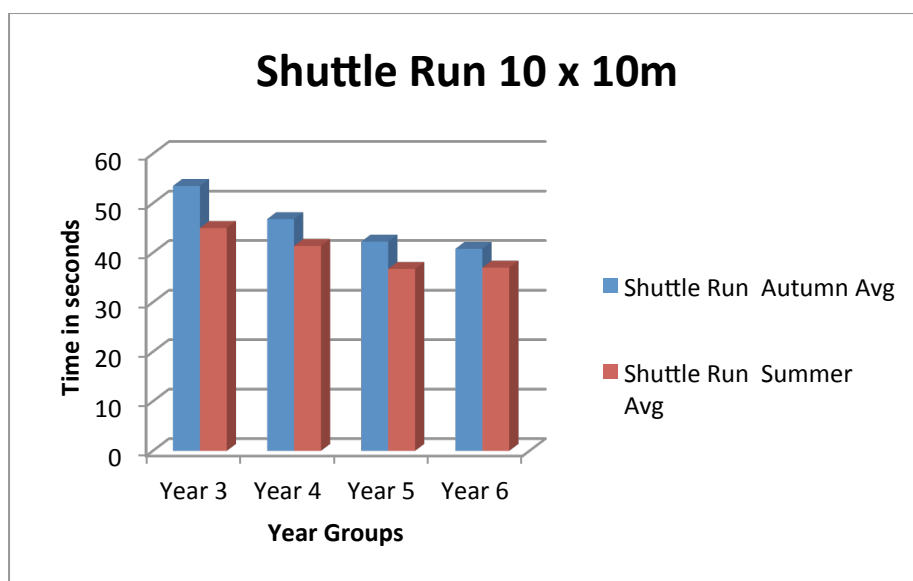
Furthermore the Sports Leader has incorporated a new recording system which links individual performance across the Olympic Hour events to UKA recognised national performance indicators for primary age school children in LKS2 & UKS2. This assists in highlighting individual performance and provides context individually, locally and nationally in line with National Curriculum expectations.

Olympic Hour Impact

Detailed below are 7 graphs highlighting the impact on LKS2 and UKS2 of Olympic Hour this year. A mixture of indoor and outdoor events have been selected. The data was selected from the Olympic Hour booklets of 12 children from LKS2 and UKS2; 4 emerging, 4 established and 4 exceeding children.







The graphs clearly illustrate progression across the year groups in all of the disciplines highlighted measured from the autumn term (blue) and compared with the summer term (red). The impact of Olympic Hour can also be measured using school records (please see table 1 below)

School Records 2014-2015 (Table 1)

Athletic Discipline	Girls	Boys
Chest Push	6.75m (increased from 6.5m)	5.50m
Speed Bounce	52 (increased from 51)	51 (increased from 48)
Standing Long Jump	1.82m	2.00m (increased from 1.88m)
Standing Triple Jump	5.56m	5.64m (increased from 5.0m)
Standing Vertical Jump	41cm (increased from 32cm)	40cm (increased from 38cm)
Discus	-	15.40m
Javelin	12.00m (increased from 11m)	20.00m
Cross Country(Relay Teams)	19 mins 55 secs (6 th place)	17 mins 39 secs (8 th place)
Cross Country (Individual)	18th place	28th place

In brief;

- **12 new school records were set in athletic disciplines.**
- **Y6 children won the first round of the Coventry West Sportshall Indoor Athletics Competition and proceeded to the Coventry area final finishing 4th overall out of 8 teams.**
- **LM (Y5T) and RJ (Y5N) – competing against 50 boys and 50 girls from ten other primary schools - finished 1st overall boy and 2nd overall girl in the King Henry VIII Olympic Event held in May 2015.**

- **Records were established during the cross country season also. HM(Y6P) finishing 18th in the girls' race and EG (Y6P) finishing 28th in the boys' race. These races involved fields in excess of 175 children.**
- **In the relay races the girls' team of four finished in 6th place, while the boys' team finished in 8th place. The races often involve in excess of 35 primary schools.**

Extra-Curricular Activities

The Sports Leader's aim for extra-curricular activities was to increase choice and options to participate in a wide range of activities. In 2013/14 across the year 8 clubs a week were run at lunchtimes and after-school including clubs for KS1 children such as 'Paralympic Sports' and 'Multi-Skills', and also new activities such as Field Hockey, Orienteering and Cheerleading. For each term a new extra-curricular timetable has been created and participation has reached 200+ consistently for every term.

To enhance this choice and participation into 2014 – 2015 The Sports Leader conducted a survey of the children from year 1 to 6. (Please see table 2) The survey offered the children the opportunity to list 3 activities they would like to see as a lunch-time or after school club.

After School Club Survey 2014/2015 (Table 2)

Activity	First Choice	Second Choice	Third Choice	Total Votes
Rounders/baseball	3	5	7	15
Bench ball	16	10	9	34
Dodge Ball	24	10	2	36
Running/XC	6	6	21	33
Rugby	16	28	10	54
Tennis	23	14	15	52
Girls Football	9	1	1	11
Gaelic Football			2	2
Dressing Up	1			1
Bicycles	5	5		10
Swimming	5	2	2	9
Drama		1	4	5
Cooking	13	10	4	27
Basketball	19	18	8	45
Cricket	2	2	5	9
Dance/street	2	3	2	7
Hockey	17	10	8	35
Trampoline	1			1
Art/Pottery/Painting	16	12	12	40
Sewing	2	2	8	12
Athletics	1	2		3
Badminton	5	3	4	12
Netball	4	2	2	8
Choir	6	2	2	10
Boxing	1	1	1	3
Lego	2	1	1	4
American Football	2	2	5	9
Skipping Club	3	2	2	7
Golf	2	1	7	10
Reading Club	1	1	2	4
Ballet	2	1		3
Karate	1			1
Gardening	2	1		3
Gymnastics	8	6	2	16
Activities			2	2
Maths	6	1		7
Science	7			7
Chess	1		2	3
History	1	2	1	4
Handball	7	1	3	11
Football	33	16	9	58

As the result of the survey a wider range of opportunities were offered in line with the children's choices. Subsequently football for children in year 1 and 2 and girls' football for years 3, 4, 5 & 6 were offered in addition to existing football clubs for boys LKS2 and UKS2. Benchball, dodgeball and cross country/ running lunchtime clubs were introduced. Tag Rugby was introduced as an after school club and added to the PE curriculum for year 5 (Spring Term). Both proved popular. A teacher has offered to run a Tag Rugby Club starting in September 2015.

The increased range of clubs made available to the children meant that during the Spring Term 2015 **a total of 352 children applied for a space in one of the 24 different lunchtime and after school clubs.** (Please see table 3 and 4 below)

You will note that nine staff are actively involved in running lunchtime and afterschool clubs. Clubs have become so popular that waiting lists now exist and a school policy is being developed to ensure fairness for all.

(Table 3)

Day	Activity	Years	Venue	Leader	Numbers
Monday	Football	2	KS1 Field	Mark Coyle	16
Monday	Tennis	3,4,5 & 6	KS2 Hall	External Coach	10
Tuesday	Intra-House Sports Comp	KS1 & KS2	KS2 & KS1 Playground	Mark Coyle & Gemma Potter	Various
Tuesday	Two ball throw & catch	3,4,5 & 6	KS 2 Playground	Isobel Shuttleworth	12
Wednesday	Gymnastics	KS2	KS 2 Hall	External Coach	15
Wednesday	Running Club	4,5 & 6	Grass Track & Field	Kevin Tarn/Mark Coyle	20
Wednesday	Football	1	KS1 playground/field	Gemma Potter	20
Thursday	Dance	1, 2 & 3	KS1 Hall	Clair Robinson	26
Thursday	ICT & Ipad Club	4,5	ICT Suite	Adrian Bloxham	15
Thursday	Tennis	5,6	KS2 Hall	External Coach	10
Thursday	Benchball	3,4	KS2 Playground	Gemma Potter	30
Friday	Gymnastics	KS1	KS1 Hall	External Coach	15
Friday	ICT & Ipad Club	2,3	ICT Suite	Adrian Bloxham	15
Friday	Tennis	3,4	KS2 Hall	External Coach	10

(Table 3)